



Michael Dale <mkdaletn@gmail.com>

Guinness World Record for Minnesota father and daughter team

1 message

Jenn Brown <jenn@harveyandhugo.com>

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To: "webmaster@bluffcitycanoecub.org" <webmaster@bluffcitycanoecub.org>

Hello

I hope you're having a great week.

We recently wrote to you with a story about KJ and Casey Millhone, the Minnesota father and daughter who set out to paddle the entire length of the Mississippi as part of a four-person crew.

I'm delighted to confirm that the team has been confirmed as Guinness World Record Holders, completing the challenge in 17 days, 19 hours and 46 minutes.

We'd be delighted if you could share this amazing news with your audience.

If you need any more information, please don't hesitate to contact me.

Kind regards

Jenn

Guinness World Record for Minnesota father and daughter team

Wednesday, August 25th, 2021

Photo: Casey and KJ Millhone

Photo: Casey Millhone

Photo: Casey Millhone

Photo: KJ Millhone

Photo: Rod Price

Photo: Bobby Johnson

[Click here](#) for a selection of images from the challenge itself, please note this link will expire on 31st August, 2021.

A Minnesota father and daughter have achieved the Guinness World Record for the fastest time to row the length of the Mississippi River by a team.

KJ and Casey Millhone, of Wayzata, Minnesota, have officially been named as World Record holders alongside teammates Bobby Johnson and Rod Price, both from Florida.

The team completed the estimated 2,350-mile journey down the river in 17 days, 19 hours and 46 minutes, paddling constantly from April 22 to May 10 to reach Mile Mark Zero in the Gulf of Mexico.

The attempt means KJ, aged 62, is now the oldest person to hold the record, while daughter Casey, aged 20, is the youngest female to do so.

Casey said: "I didn't have a lot of context or experience going into this, but along the way I learned that I could be an equal part of this greatness – that was an incredible feeling."

KJ added: "I wouldn't have tried this if Casey hadn't wanted to do it. She was the one who held us together throughout the journey, which has made me as proud as I can be."

To obtain the record, the team paddled day and night in shifts, battling exhaustion, extreme weather conditions and dangerous sections of the Mississippi.

Casey continued: "The amount of people along the river who knew and cared about what we were doing was mind blowing.

"Having such massive vessels and all of the people whose whole lives are the river talking about us in this tiny, 23-foot canoe, and knowing that we'd earned a spot alongside them was truly amazing."

KJ and Casey were joined on the challenge by teammates Bobby Johnson and Rod Price, both recognized and decorated paddlers from Florida.

Rod said: "This group is remarkable in many ways. You have KJ and I doing this in our sixties – which I don't recommend!

"Then Bobby is tremendous, and with just four or five years of experience he's a force in the world of paddle sports.

"And Casey has already climbed the Mount Everest for paddlers. It's a phenomenal task and she's completed it so young."

Bobby added: "This was an amazing opportunity; it was the chance to achieve a Guinness World Record, paddle down the Mississippi, enjoy the people you're with. I loved the 'team' part of it the most, and I really do miss being on that canoe."

The team were also joined by a support crew, who took care of laundry, logistics, cooking and charging equipment.

Discussing the support the team received, KJ said: "This is not a world record of four paddlers, but a world record of a whole team, including the support crew and everyone who helped us along our way.

"There's no way we could have accomplished this without all of the people who were involved."

To find out more about Team MMZero and their challenge, visit <https://mmzero.org/>.

ENDS

Jenn Brown

+44 7948 348165

www.harveyandhugo.com



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